

Virginia Long-Term Care Clinician Network Monthly Forum

August 16, 2023



Disclosures

The speakers and presenters for today have no relevant financial conflicts of interest.

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Virginia Long-Term Care Infrastructure Pilot Project (VLIPP) funding will be utilized in nursing homes and long-term care facilities to assist with the ongoing COVID-19 response and to bolster preparedness for emerging infections. The projects are based on identified needs that align with funding objectives



Introducing the Network - Share w/ Peers

About the Network: The Virginia LTC-CN brings together medical directors and clinicians practicing in nursing homes, assisted living facilities, and other congregate care settings (e.g., PACE).

Member Benefits:

- Free peer network fostering open discussion and collaboration
- Monthly newsletter
- Monthly forum (third Wednesday of each month from 4:00-5:00 pm)
 - **Each registered Network member receives a unique Zoom invite link . Please do not forward your link as this may lead to problems joining the Forum. Encourage your colleagues to register instead!**

Invite your colleagues to join us!

Where to find us, slides, monthly newsletter?



 **VCU** VIRGINIA COMMONWEALTH UNIVERSITY

WE ARE THE UNCOMMON. 

Virginia Long-Term Care Clinician Network

Search

- Join the Network
- Steering Committee
- Forums & Events
- Contact Us
- Resources

A partnership between VDH and VCU.

[Join the Network](#)



Share with with your peers on the VA LTC-CN

Please use the chat box to share:

- Name
- Role
- Location in Virginia (city or region)
- ****Favorite vacation spot in Virginia**



Thank you for taking care of Virginia's PACE, assisted living and nursing home residents!

Monthly Forum - Every 3rd Wednesday, 4-5 PM

A **60-minute Zoom** session to **connect with LTC clinicians** around the state. We will continue to integrate COVID-19 topics in our discussion, but will also expand the topics and **encourage robust discussions** around other areas of interest pertinent to LTC.

- September 20
- October 18
- November 15
- December 20 or December 13 (TBD)
- January 17, 2024

Monthly Forum Structure

Introduction - 2-3 minutes

Open Discussion - 10-15 minutes

Featured Monthly Topic - 15-20 minutes with discussion

Updates - 3-5 minutes

Open Discussion - 10 minutes

Virginia LTC-C Network, have you ever...

Have you ever managed care for residents in assisted living? (POLL)

1. Yes
2. No

Virginia LTC-C Network, have you ever...

Have you ever been a Hospice Medical Director or clinician (POLL)?

1. Yes
2. No

Open Forum Discussion

Waterfall Chat National Vaccination Month

Instructions: Type in your answer and wait for the countdown to push enter.

Mr. Kai, 63 yo, with no close family, moved into your assisted living Monday Aug. 14. You, the staff and the pharmacist can discover no vaccine history. What vaccine(s) will you prioritize, and in what order?

5, 4, 3, 2, 1..enter in chat!



Next: Featured
Monthly Topic

WHAT MATTERS MOST

August 16, 2023

Virginia Long-Term Care Clinician Network

Monthly Series

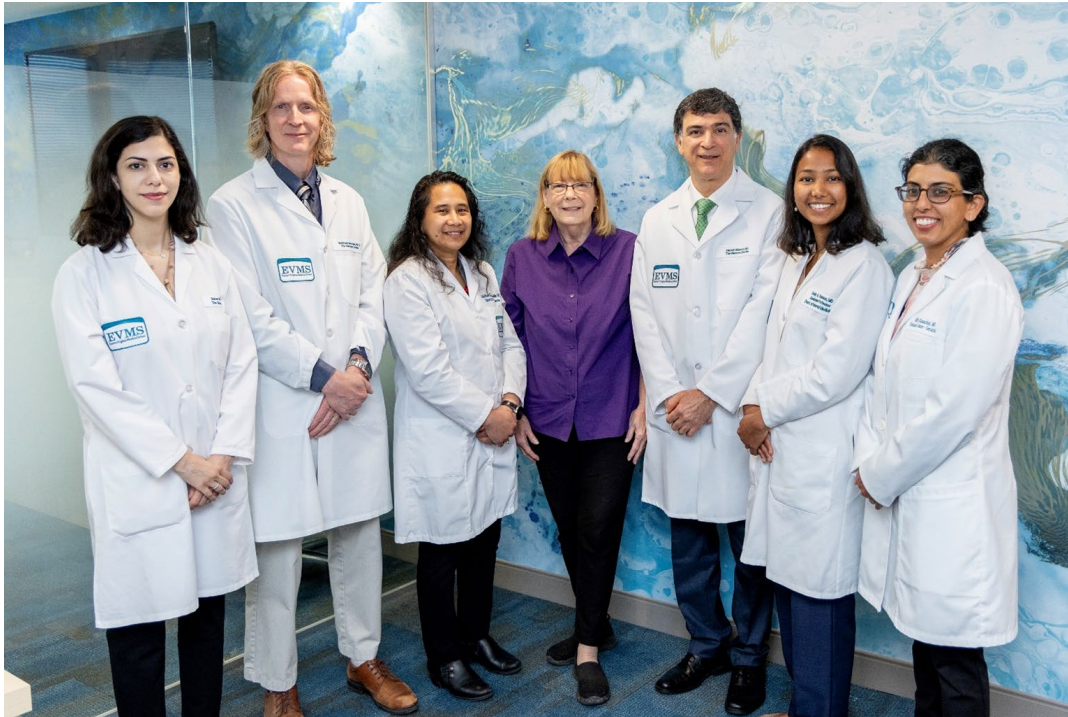
Marissa Galicia-Castillo, MD, MEd

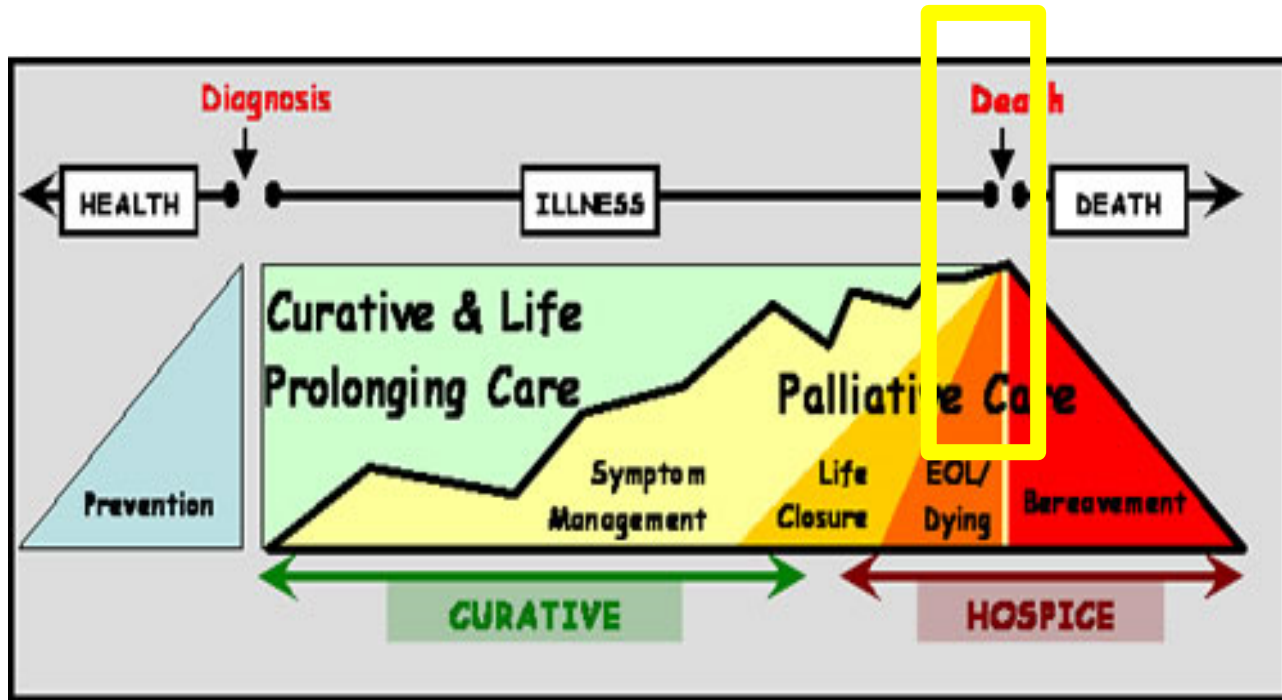
John Franklin Distinguished Chair of Geriatrics

Director, Glennan Center for Geriatrics and Gerontology

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GOAL OF TREATMENTS AT END-OF-LIFE

- Promote comfort
- Prevent or relieve suffering
- Respect patient's wishes

3 main goals- need to prioritize

Continue or expand life-prolonging treatments with goal of:



Anatomy of Current Discussions

- Usually receives MOST (or all) attention





Mr. D



85 year old LTC resident with:
hypertension, Alzheimer's
dementia, Type 2 DM

- Has been in your facility for 3 years
- Developed heart failure and has had 3 hospitalizations in the past 3 months due to dyspnea
- You have a great relationship with his wife who is his medical POA
- He does not have capacity
- He's returned to your facility with skilled needs after this most recent hospitalization

What do you do FIRST during this re-admission?

- A. Review discharge summary
- B. Review medications
- C. Talk with his wife



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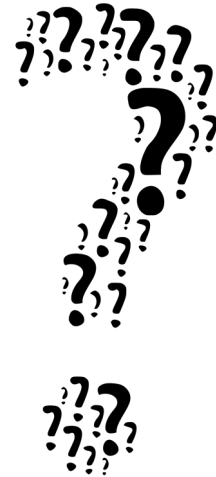
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What do you ask his wife (mPOA) first?

- A. What do you want to do?
- B. Do you have any questions?
- C. What is your understanding of his current medical condition?
- D. What should his code status be?



After review of records and exam you find the following:

Function status has worsened

- Previously he could feed himself and sit up in a chair
- Currently –needs to be fed (he is still able to swallow)
- Short of breath when moving from bed to wheelchair
- EF is now 15%
- **Meds**
 - Lasix 80 mg BID
 - Metoprolol 25 mg BID
 - Not on ACE (cannot tolerate)
 - Atorvastatin 40 mg QDay
- **Has edema in his bilateral LE (this is new)**

What is your prognosis?

- A. Days to weeks
- B. Weeks to months
- C. Months to years



You've had discussions with his wife in the past.
You know that her goal for him is:

- Enjoy life –
 - Defined by interaction, eating
 - The Nursing home and staff = home and family
- Avoid suffering
- Ensure he is not in pain



Would you be surprised if he died in the next 6 months?

- A. Yes
- B. No



What do you recommend to align wishes and medical reality?

- A. Status quo
- B. Comfort care – fill out a POST form
- C. Hospice care





Take Home Points



- Start with goals first
- Prioritize goals
- Make recommendations

Open Forum

Ideas to share,
Questions, What is
new in your Health
District ?



Open Forum Discussion

Turn on your video - we'd love to see you!

Unmute - we want to hear from you

Use the **Chat box** to type in questions or comments

Regulation

Please answer in chat:

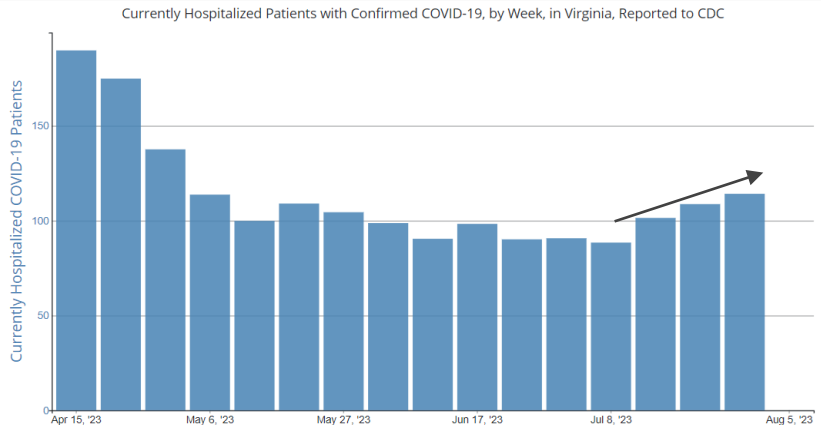
If you have had a survey visit recently, what types of deficiencies are being focused on in your facilities?

COVID-19 Updates

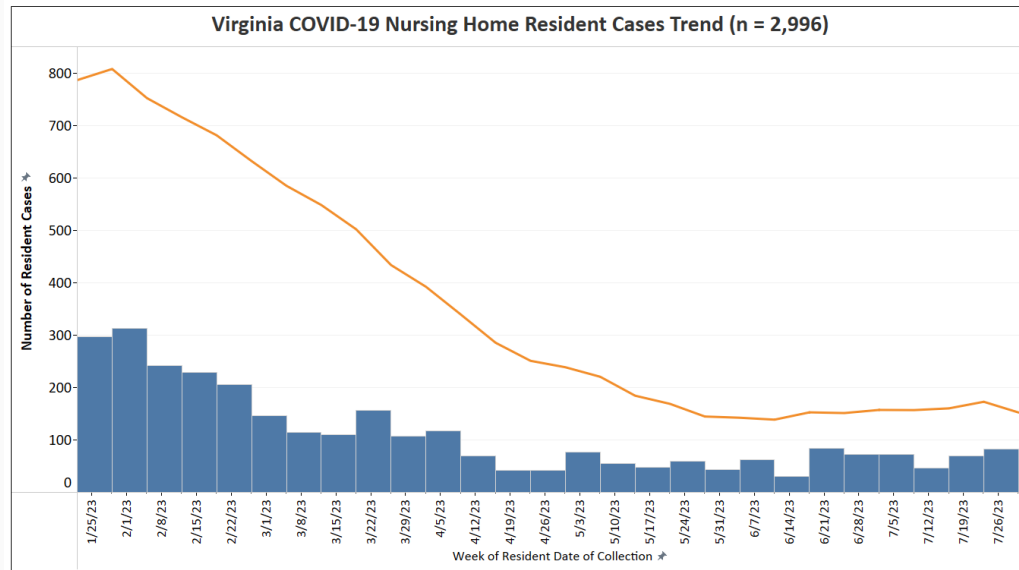
COVID-19: Data, Treatment, Vaccines

Cases in some areas trending up. No new therapeutics. Vaccination guidance page updated 7/17/23: 1 updated vaccine and if >65, a second dose 4 months after.

Virginia Hospitalized with COVID by Week



Nursing Home Resident Cases Jan 23-July 26, 2023



COVID-19 Updates

COVID-19 burden in Virginia LTC facilities

In the month of July there were 55 COVID-19 outbreaks reported from Virginia LTC facilities. So far in August, there have been 31 COVID-19 outbreaks reported from Virginia long-term care facilities, including 11 from assisted living facilities, 12 from nursing homes, and 8 from multicare facilities [Virginia Department of Health \(VDH\) COVID-19 Dashboards](#)

Vaccines are still free of charge to recipients (no charge or copay), but can seek reimbursement from private insurance, Medicare or Medicaid.

[Vaccination Program Provider Agreement](#)

***Share with colleagues in chat: Are you using Paxlovid in your LTC settings?**

Thank you for joining the Network!

Invite your colleagues! They can register at ltccn.vcu.edu

Next Newsletter - coming to you in early September.

Next Monthly Forum - September 20 at 4pm. **Diabetes Update**

Scroll down in the Zoom registration confirmation email you received for a calendar link. Use this to update your calendar automatically with the Zoom link for future meetings.

On your way out of Zoom, kindly answer a 3-question feedback survey.

Stay in touch! Email us at ltccn@vcu.edu