

Virginia Long-Term Care Clinician Network Monthly Forum

January 15, 2025

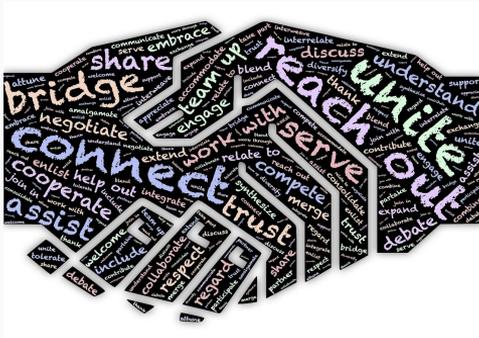


Welcome!

As you join, please turn on cameras and mic or unmute your phone and say hello to your Virginia colleagues. We all have a common bond: the choice to serve in a unique area of health care.

Please use the chat box:

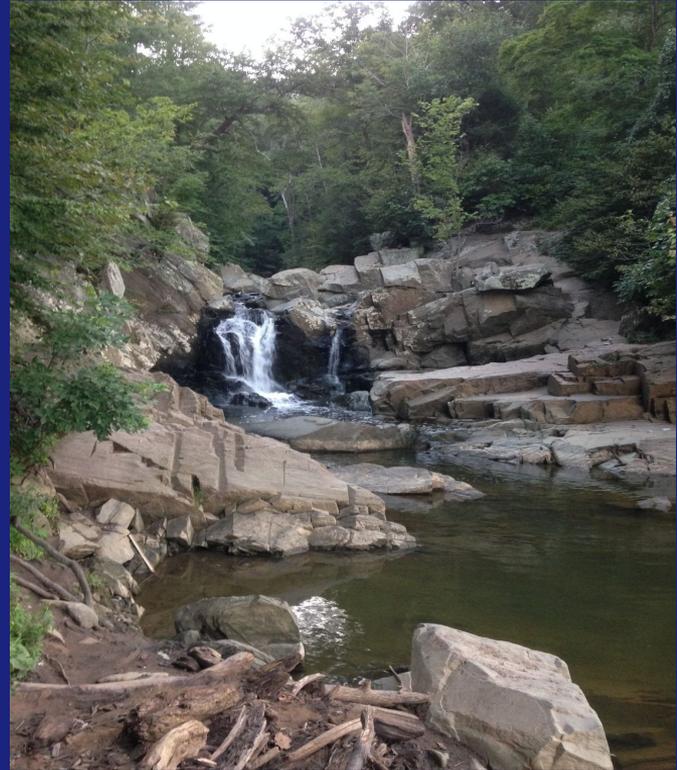
- **Your name, practice and areas of practice**
- **How were transitions of care over the holidays?**



Chat Waterfall

In Chat, respond to the question below, but don't hit the send button yet! Wait for the countdown...

How often are you receiving residents straight from ICU these days?

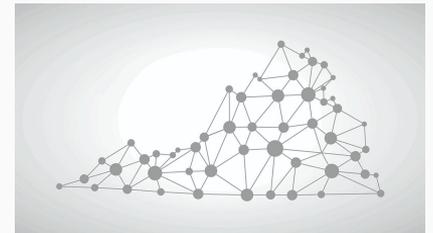


Scotts Run, McClean, Va

Poll

For new admissions paperwork do your facilities employ well trained staff to fill in gaps that create a good picture of the resident's needs?

- A. Yes**
- B. No**



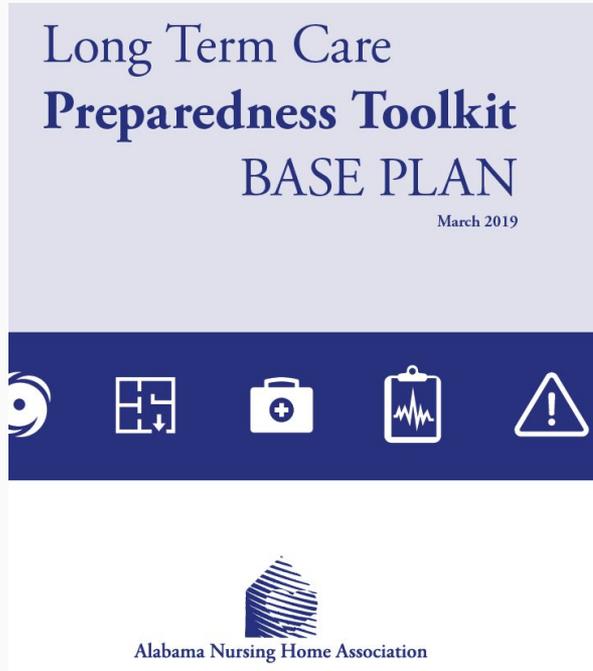
Emergency Preparedness for PALTC Clinicians

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I have no relevant conflicts of interest.



Key Resources



[https://www.anha.org/uploads/ANH
ALTCPrepToolkit.pdf](https://www.anha.org/uploads/ANH_ALTCPrepToolkit.pdf)



Long Term Care Preparedness Toolkit

Base Plan

To establish common terms, this toolkit uses “Long Term Care (LTC) facility/agency” to include nursing homes, skilled nursing facilities (SNF), assisted living facilities (ALF), assisted living (AL) licensed group homes, intermediate care facility for individuals with intellectual disabilities (ICF/IID), home care agencies, and hospice.

[https://www.health.state.mn.us/com
munities/ep/ltc/baseplan.pdf](https://www.health.state.mn.us/communities/ep/ltc/baseplan.pdf)

ltccn.vcu.edu

Key Resources

U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES

CENTERS FOR MEDICARE & MEDICAID SERVICES

Survey & Certification
Emergency Preparedness for Every Emergency

EMERGENCY PREPAREDNESS CHECKLIST			
RECOMMENDED TOOL FOR EFFECTIVE HEALTH CARE FACILITY PLANNING			
Not Started	In Progress	Completed	Tasks

<https://ltcombudsman.org/uploads/files/issues/CMS-Checklist-Provider.pdf>

Key Resources

Disaster planning is essential for those who work in post-acute and long-term care (PALTC) settings, given the unique vulnerabilities of residents and the complexities of providing ongoing care during emergencies.



[Checklist for Pro-Active Care of Vulnerable Patients through Disasters](#)



[View Articles on Disaster Planning](#)



[View Articles on Disaster Planning](#)



<https://paltmed.org/disaster-preparedness>

Checklist

Checklist for Pro-Active Care of Vulnerable Patients through Disasters

WHITE PAPERS

September 12, 2018

- Develop Individualized Resident Emergency Evacuation Checklist – see HHA tool. More for Home Health / HBPC / ALF
- Contact information for residents, families, staff should include mobile cell phones, and email addresses
- Plan for real-time communication with residents, families, and employees during emergencies
- Identify likely disasters for which your team will need to have (develop) management plans

<https://paltmed.org/policies/checklist-pro-active-care-vulnerable-patients-through-disasters>

Checklist

Checklist for Pro-Active Care of Vulnerable Patients through Disasters

WHITE PAPERS

September 12, 2018

- Alternate power, water, communication devices
- Manage air quality - N95, HEPA, air intake
- “Go Bags” to include a change of clothes, key accounts with passwords, and up-to-date med list with meds for at least 1 week
- Client wristband identifiers. Consider: Name, DOB, & Agency or Facility name, address, phone & email.
- Alternative relocation plan

<https://paltmed.org/policies/checklist-pro-active-care-vulnerable-patients-through-disasters>

Check-in

Are you asked to provide input yearly on the emergency preparedness plan for the building?

Hazards Vulnerability Assessment (HVA) Tool

Sample HVA Tool

Note: an electronic HVA can also be accessed through your regional health care coalition. Below is a screenshot of what the electronic HVA looks like and how changes in Probability, Impact and Response change the Risk.

Alert Type	PROBABILITY Likelihood this will occur	ALERTS	ACTIVATIONS	SEVERITY = (MAGNITUDE - MITIGATION)						RISK * Relative threat
				HUMAN IMPACT	PROPERTY IMPACT	BUSINESS IMPACT	PREPARED-NESS	INTERNAL RESPONSE	EXTERNAL RESPONSE	
SCORE	0 = N/A 1 = Low 2 = Moderate 3 = High	Number of Alerts	Number of Activations	0 = N/A 1 = Low 2 = Moderate 3 = High	0 = N/A 1 = Low 2 = Moderate 3 = High	0 = N/A 1 = Low 2 = Moderate 3 = High	0 = N/A 1 = High 2 = Moderate 3 = Low	0 = N/A 1 = High 2 = Moderate 3 = Low	0 = N/A 1 = High 2 = Moderate 3 = Low	0 - 100%
Active Shooter	1	0	0	1	1	1	1	1	1	7%
Act of Terrorism	2	0	0	2	2	2	2	2	2	27%
Air Quality Issue	3	0	0	3	3	3	3	3	3	60%
Bomb Threat										
Building Move	1	0	0	2	2	2	3	3	3	17%
Chemical Exposure, External	2	0	0	3	3	3	1	1	1	27%
Chemical Exposure, Internal	3	0	0	1	1	1	2	2	2	30%
Chemical Spill										
Child Abduction	1	0	0	3	3	3	1	1	1	13%
Civil Unrest / Protesting	2	0	0	1	1	1	2	2	2	20%
Communication / Telephony Failure	3	0	0	2	2	2	3	3	3	50%
Dam Failure										
Drought										
Earthquake										
Epidemic										
Evacuation										

See Appendix B for more information on the Hazard Vulnerability Analysis and Tool

Incident Command System



HIPAA/1135 Waivers

HIPAA/1135 Waivers in Emergent Situations

During emergent situations, the decision to share private resident health care information is difficult. To ensure that there is continuity of care there may be situations where it is necessary to waive HIPAA.

Ethical Considerations During Emergency

Ethical Values:

- **Fairness:** who receives what and at what point
- **Professional Duty:** do no harm, do not abandon
- **Stewardship:** allocating scarce resources; utilitarianism

Ethical Process Elements:

- **Transparency:** communication to stakeholders
- **Consistency:** nondiscrimination
- **Proportionality:** elevating response during emergency
- **Accountability:** acting upon duty to respond

During an emergency the following events require incorporation of sound ethical considerations:

1. **Triage:** workforce members should be prepared to prioritize which residents to evacuate first prior to or during a crisis
2. **Allocation of Resources:** workforce members should know what resources are available during a crisis, where supplies are stored, and have the tools needed to determine how scarce resources will be issued
3. **Standards of Care:** workforce members should be prepared to adjust their standards of care during an emergency. Considerations include ensuring individuals are trained to provide care normally outside of their professional practice



Specific Situations

Most Common

- Power outage
- Water outage
- Infectious Outbreak (not really Disaster Preparedness) - Pandemic Preparedness Plan
- Hurricane / Weather related Shelter in Place vs. Evacuation
- Emergency relocation of other facilities residents



Specific Situations

Sheltering In Place Guidelines:

- Need to be prepared for at least 72 hours without phone, communication, power, water, or sewer service
- Need to provide provisions for 1) resident care, 2) safety/security, 3) food, 4) water, 5) medications, 6) contact with fire/police/EMS, 7) public health, 8) staffing, etc
- 96 hours of food, water, medications, power



Open Discussion

- What emergencies have you been involved in?
- Any guidance from a clinical care perspective?
- Experience with Incident Command Structure / Communications

Open Forum

Any questions or
ideas from the talk?

Share an unidentifiable
case to discuss



RESOURCES/Links ADDED IN FORUM CHAT

Trauma Informed Care Slides from previous Forum

<https://ltccn.vcu.edu/media/ltccn/January2024MonthlyForum.pdf>

Trauma-Informed Care Toolkit from VCU Gerontology - for nursing homes: <https://tictoolkit.vcu.edu/>

HQIN Resources on EPP

<https://hqin.org/resource/emergency-preparedness-tabletop-exercises/>

<https://hqin.org/resource/hazardous-vulnerability-assessment-checklist/>

FEMA: Introduction to the Incident Command System

<https://training.fema.gov/is/courseoverview.aspx?code=is-100.c&lang=en>

<https://apnews.com/article/bob-dean-nursing-home-louisiana-hurricane-ida-d23130824e61521f327ea5717adcedfc>

Get to Know a Network Member

<https://docs.google.com/forms/d/e/1FAIpQLSffRQ25u13PpWSdJy6lYnA2pvohu2UwUZOtB0D1ivotc5K91g/viewform>

Emotional Phases of a Disaster Graphic



<https://macog.org/wp-content/uploads/2019/12/Emotional-Phases-of-a-Disaster.pdf>

INTERESTED IN ADDITIONAL TRAINING?

- State Medical Reserve Corps <https://www.vdh.virginia.gov/mrc/>
 - Volunteers trained to assist in emergencies and disasters
 - Each state has teams, some colleges/universities have teams
- [Community Emergency Response Team \(CERT\)](#)
 - FEMA approved training for volunteers
 - Each state has approved teams
 - Ongoing training and drills

Are you a member of MRC or a CERT?

Do you track staff who have had CERT training or similar?

Any meeting suggestions? Share in CHAT!



Accreditation

 <p>JOINTLY ACCREDITED PROVIDER™ INTERPROFESSIONAL CONTINUING EDUCATION</p>	<p>In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.</p>
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Disclosure of Commercial Support:

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Claiming CE Credit

Submit Attendance

1. If you have **not participated in a VCU Health CE program in the past:**
 - a. Go to vcu.cloud-cme.com to create an account – make sure to add your cell phone number
2. Once you have registered or if you **have participated before:**
 - a. Text the course code to (804) 625-4041.
 - b. The course code for today's event is: *within 5 days of the event* #####

Complete Evaluation & Claim Credit. *(within 60 days of the event)*

- | | | |
|--|----|---|
| 1) Go to https://vcu.cloud-cme.com | OR | 1) Open the CloudCME app on your device |
| 2) Sign in using email address used above | | 2) Click "My Evaluations" |
| 3) Click "My CE" | | 3) Click the name of the activity to complete |
| 4) Click "Evaluations and Certificates" | | evaluation |

Need help? ceinfo@vcuhealth.org

Thank you for joining us!

Updates and News - See News Updates via email

Next Monthly Forum: **Wednesday, February 19, 4-5 pm**

Your Calendar Link - In the Zoom Registration Confirmation email you received today, there's a calendar link to update your calendar for future meetings.

On your way out of our meeting today, kindly answer a brief feedback survey.

Stay in touch! Email us at vcoa@vcu.edu

Invite your colleagues! They can register at ltccn.vcu.edu